



*Lori Hofmeyer
Speech Therapy*



*Martha Poland
Occupational
Therapy*



*Kari Johns, Sheryl Clark
Jessica Petersen, Lonna Brock
and Janie Simonson
Physical Therapy*

Choose GCH for all of your rehabilitation needs

*Our physical, occupational and
speech therapists work as a team to
provide the BEST one-on-one care
available for all ages.*

*Don't settle for anything less than
the individualized attention that you
can receive from our staff at
Guthrie County Hospital.*

*Talk to your physician about the
potential benefits of physical therapy
at Guthrie County Hospital.*



The expertise you need. The personal care you want.

GCH Physical Therapy Department
710 N. 12th • Guthrie Center, IA • 50115
Phone 641-332-3810 • Fax 641-332-3809

Rehabilitation Services



*Physical Therapy
Occupational Therapy
Speech Therapy*



The expertise you need. The personal care you want.

Physical Therapy

- Pain Reduction
- Strengthening & Stretching
- Wound & Burn Care
- Education on Prevention
- Vestibular Rehabilitation
- Urinary Incontinence
- Gait Training
- Balance Training
- Assessment for Walking Aids
- Home Assessments

Candidates

- Arthritis & Osteoporosis
- Incontinence
- Post-surgical
- Orthopedic (Repairs and Replacements)
- Athletic injuries
- Neurological Problems (stroke, nerve damage, spinal cord)
- Work Related Injuries

Occupational Therapy

- ADLs (Activities of Daily Living)
 - Eating
 - Dressing
 - Homemaking
- Fine Motor Planning
- Hand Skills
- Sensory Integration
- Evaluate & Accommodate Adaptive Equipment & Methods
- Activity Tolerance
- Splinting
- Strengthening of Arms
- Functional Skills
- Problem Solving

Candidates

- Post-surgical
- Arm Injuries
- Deconditioned
- Autism Spectrum Disorders
- Developmental Disabilities
- Neurological Problems

Speech Therapy

- Prevention & Screening
- Consultations & Diagnosis
- Treatment, Management, & Counseling of Speech, Language, Swallowing & Cognition Disorders

Candidates

- Children with mild, moderate, or severe
 - Developmental Delays
 - Language Disorders
 - Learning Disabilities
 - Physical Speech & Hearing Impairments
 - Cleft Palate
 - Autism Spectrum Disorders
- Adults with eating, swallowing and/or communication problems following
 - Stroke
 - Head Injury
 - Degenerative Disease
 - Dementia/Cognitive Impairments
 - Cancer of the Head, Neck & Throat
- Voice Disorders