Bright Futures Previsit Questionnaire
18 Month Visit

For us to provide you and your baby with the best possible health care, we would like to know how things are going. Please answer all of the questions. Thank you.

What would you like to talk about today?
Do you have any concerns, questions, or problems that you would like to discuss today?

We are interested in answering your questions. Please check off the boxes for the topics you would like to discuss the most today:

Your Child and Family
- Taking time for yourself
- Being a role model
- Your child getting along with brothers and sisters
- Family time together
- Having another child
- Getting your child to try new foods
- Your child's weight

Your Child's Behavior
- How your child acts
- How to tell your child she did a good job
- Fun activities for your child
- Your child being scared in new places
- Setting limits and discipline

Talking and Hearing
- How your child talks
- Helping your child to learn

Toilet Training
- Knowing when your child is ready
- How to toilet train

Safety
- Car safety seats
- Preventing falls, fires, and poisoning
- Gun safety
- Keeping your child safe outside

Questions About Your Child
Have any of your child's relatives developed new medical problems since your last visit? If yes, please describe:
- Yes
- No
- Unsure

Hearing
- Do you have concerns about how your child hears?
- Yes, No, Unsure
- Do you have concerns about how your child speaks?
- Yes, No, Unsure

Vision
- Do you have concerns about how your child sees?
- Yes, No, Unsure
- Does your child hold objects close when trying to focus?
- Yes, No, Unsure
- Do your child's eyes appear unusual or seem to cross, drift, or be lazy?
- Yes, No, Unsure
- Do your child's eyelids droop or does one eyelid tend to close?
- Yes, No, Unsure
- Have your child's eyes ever been injured?
- Yes, No, Unsure

Lead
- Does your child have a sibling or playmate who has had lead poisoning?
- Yes, No, Unsure
- Does your child live in or regularly visit a house or child care facility built before 1978 that is being or has recently been (within the past 6 months) renovated or remodeled?
- Yes, No, Unsure
- Does your child live in or regularly visit a house or child care facility built before 1950?
- Yes, No, Unsure

Tuberculosis
- Was your child born in a country at high risk for tuberculosis (countries other than the United States, Canada, Australia, New Zealand, or Western Europe)?
- Yes, No, Unsure
- Has your child traveled (had contact with resident populations) for longer than 1 week to a country at high risk for tuberculosis?
- Yes, No, Unsure
- Has a family member or contact had tuberculosis or a positive tuberculin skin test?
- Yes, No, Unsure
- Is your child infected with HIV?
- Yes, No, Unsure

Anemia
- Do you ever struggle to put food on the table?
- Yes, No, Unsure
- Does your child's diet include iron-rich foods such as meat, eggs, iron-fortified cereals, or beans?
- Yes, No, Unsure

Oral Health
- Does your child have a dentist?
- Yes, No, Unsure
- Does your child's primary water source contain fluoride?
- Yes, No, Unsure

Does your child have any special health care needs?
- No
- Yes, describe:

Have there been any major changes in your family lately?
- Move
- Job change
- Separation
- Divorce
- Death in the family
- Any other changes?

Does your child live with anyone who uses tobacco or spend time in any place where people smoke?
- No
- Yes
Your Growing and Developing Child

Do you have concerns about your child’s development, learning, or behavior?  □ No  □ Yes, describe:

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Check off each of the tasks that your child is able to do:

- [ ] Knows name of favorite book
- [ ] Laughs in response to others
- [ ] Runs
- [ ] Walks up steps
- [ ] Speaks 6 words
- [ ] Uses spoon and cup without spilling most of the time
- [ ] Points to 1 body part
- [ ] Stacks 2 small blocks
- [ ] Helps around the house
Physical Examination

History

- Previsit Questionnaire reviewed
- Child has special health care needs

Concerns and questions

Follow-up on previous concerns

Interval history

Social/Family History

- No interval change

Family situation

Parents working outside home:

Child care:

Changes since last visit

Review of Systems

- No interval change

Changes since last visit

Nutrition:

Milk

Solid foods

Juice

Source of water

Vitamins/Fluoride

Elimination:

Sleep:

Behavior:

Activity (playtime, no TV):

Development

Structured developmental screen

NL Tool

Autism-specific screen

NL Tool

Developmental Surveillance

Social-emotional

Communicative

Physical development

Physical Examination

- Bright Futures Priority
- Eyes (red reflex, cover/uncover test)
- Skin (nevi, café au lait, bruising)
- Neurologic (gait, coordination)
- Teeth (caries, white spots, staining)

Additional Systems

- General appearance
- Head/Fontanelle
- Ears/apparatus to hear
- Nose
- Lungs
- Mouth and throat

Abnormal findings and comments

Social/Family History

Assessment

- Well child

Anticipatory Guidance

- Discussed and/or handout given

Family support

- Family time
- Time for self and other children
- Reinforce limits
- Prepare for new sibling (if necessary)
- Smoke-free environment

- Child development and behavior
- Anticipate anxiety
- Praise
- Consistent discipline
- Daily playtime

- Language promotion/hearing
- Read, talk, and sing
- Simple words
- Feelings and emotions

Toilet training readiness

- Wait until child is ready
- Reading books/praise

Plan

Immunizations (See Vaccine Administration Record.)

Laboratory/screening results

Referral to:

Follow-up/next visit

Print name

Signature

Provider 1

Provider 2

American Academy of Pediatrics

Dedicated to the health of all children

WELL CHILD/18 MONTHS
Bright Futures Parent Handout
18 Month Visit

Here are some suggestions from Bright Futures experts that may be of value to your family.

Talking and Hearing
- Read and sing to your child often.
- Talk about and describe pictures in books.
- Use simple words with your child.
- Tell your child the words for her feelings.
- Ask your child simple questions, confirm her answers, and explain simply.
- Use simple, clear words to tell your child what you want her to do.

Your Child and Family
- Create time for your family to be together.
- Keep outings with a toddler brief—1 hour or less.
- Do not expect a toddler to share.
- Give older children a safe place for toys they do not want to share.
- Teach your child not to hit, bite, or hurt other people or pets.
- Your child may go from trying to be independent to clinging; this is normal.
- Consider enrolling in a parent-toddler playgroup.
- Ask us for help in finding programs to help your family.
- Prepare for your new baby by reading books about being a big brother or sister.
- Spend time with each child.
- Make sure you are also taking care of yourself.
- Tell your child when he is doing a good job.
- Give your toddler many chances to try a new food. Allow mouthing and touching to learn about them.
- Tell us if you need help with getting enough food for your family.

Safety
- Use a car safety seat in the back seat of all vehicles.
- Have your child’s car safety seat rear-facing until your child is 2 years of age or until she reaches the highest weight or height allowed by the car safety seat’s manufacturer.
- Everyone should always wear a seat belt in the car.
- Look away poisons, medications, and lawn and cleaning supplies.
- Call Poison Help (1-800-222-1222) if you are worried your child has eaten something harmful.
- Place gates at the top and bottom of stairs and guards on windows on the second floor and higher.
- Move furniture away from windows.
- Watch your child closely when she is on the stairs.
- When backing out of the garage or driving in the driveway, have another adult hold your child a safe distance away so he is not run over.
- Never have a gun in the home. If you must have a gun, store it unloaded and locked with the ammunition locked separately from the gun.
- Prevent burns by keeping hot liquids, matches, lighters, and the stove away from your child.
- Have a working smoke detector on every floor.

Your Child’s Behavior
- Set limits that are important to you and ask others to use them with your toddler.
- Be consistent with your toddler.
- Praise your child for behaving well.
- Play with your child each day by doing things she likes.
- Keep time-outs brief. Tell your child in simple words what she did wrong.
- Tell your child what to do in a nice way.
- Change your child’s focus to another toy or activity if she becomes upset.
- Parenting class can help you understand your child’s behavior and teach you what to do.
- Expect your child to cling to you in new situations.

What to Expect at Your Child’s 2 Year Visit
We will talk about
- Your talking child
- Your child and TV
- Car and outside safety
- Toilet training
- How your child behaves

Poison Help: 1-800-222-1222
Child safety seat inspection:
1-866-SEATCHECK; seatcheck.org

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